COACH HUSSIEN

Languages: Arabic & English

Training Formats: In-Gym | In-Home | Online

Nationality:Syrian

Client Types: Men & Women | All fitness level

LUNCH MASS COLUMNS

Certifications & Education:

Bachelor of Dental Medicine and Surgery Certified Personal trainer (level 3) by REPs, UAE Certified Personal Trainer, ISSA Specialized Sports Nutrition, ISSA

Specializations:

Fat Loss Coaching Muscle Building Boxercise Nutrition plan

Experience:

5+ years as a personal trainer in the UAE working with female and male clients

Training Style:

Motivational, goal oriented

Emphasis on technique and injury prevention

Client Success Highlights:

Helped 500+ clients to lose 10% of body fat and build muscle in 3 months

